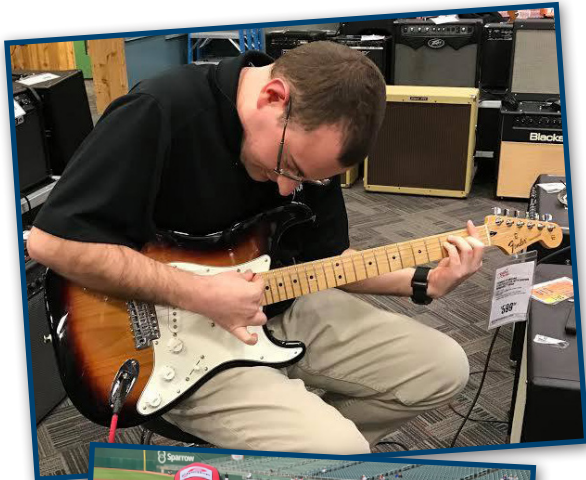


# Person-Centered Planning (PCP)

A PCP meeting builds a shared commitment to action where family members and friends partner with the focus person at its center. Together with their natural supports, the focus person sets goals based on their unique lifestyles and needs.

Through this process, necessary services and supports are identified to further ensure the focus person's success in meeting these goals. The PCP facilitator encourages the team to continual listening, learning and action so that the focus person can get what they want out of life.

ASPPiRE is an approved vendor with Bureau of Services for Blind Persons (BSBP) and Michigan Rehabilitation Services (MRS) to facilitate Person Centered Planning. If you would like ASPPiRE to facilitate an upcoming PCP meeting, please contact us.



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**Adaptive Social Programs  
Providing Instruction,  
Recreation and Employment**



## Program and Services

Providing services for adults with  
social and cognitive challenges.

# Who We Are

Founded in 2008, ASPPIRE is a non-profit organization that provides people with disabilities a variety of services. Our ongoing programs are structured on the belief that education and enrichment are lifelong needs for all. We encourage our participants to be self-determined but recognize that people with disabilities sometimes need individualized support and instruction in socialization, enrichment, and recreation beyond the academic setting.



## Program Fees

ASPPIRE has three sessions (Fall, Spring, and Summer) throughout the year. Scholarships are available on an as needed basis. Please contact us for pricing specific to your needs. Private and agency rates apply.

# ASPPIRE Services

## SOCIAL COACHING PROGRAM

Providing the opportunity to improve social skills on a weekly basis under the guidance of a trained facilitator in a small group setting.

## AREAS OF INSTRUCTION

- Organization skills
- Building and maintaining friendships
- Conversation skills
- Anxiety and stress
- Problem solving and conflict resolution
- Self-advocacy and self-determination

## COMMUNITY OUTINGS

Offering outings for both small and large groups, they may include going out to dinner, bowling, a walk in the park, museums, holiday parties, or whatever the group decides.

## SOCIAL CLUB

ASPPIRE staff provides a weekly social opportunity that allows participants to interact in an unstructured environment with their peers. Participants enjoy board games, movies and building friendships.

## BUILDING A SUPPORT NETWORK

ASPPIRE collaborates with a wide variety of professionals and agencies to support our participants. We encourage our participants to become more engaged and access support in their communities.

## SUPPORT SERVICES

ASPPIRE staff are available to assist with transition planning, accessing services, IEP/PCP attendance, individual consultation and other advocacy supports.



# How to Get Involved

Interested individuals (18 years of age and older) need to fill out and submit an application. The application can be found on the ASPPIRE website, [asppire.org](http://asppire.org). Once an application is submitted an ASPPIRE staff will contact you to schedule an interview.

## ADDITIONAL SERVICES

We also offer professional development training on: job coaching, diversity training, transition, and autism spectrum disorder (ASD).

## DONATIONS

Would you like to support ASPPIRE?

Visit [asppire.org/donations](http://asppire.org/donations) to make a donation.

All donations support the ASPPIRE scholarship fund.

